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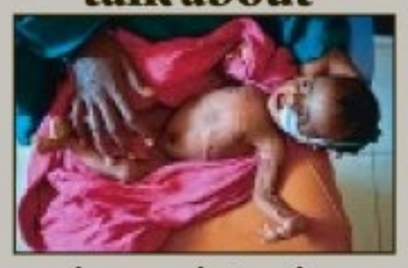
Your essential daily news | MONDAY, MARCH 27, 2017 | High 10°C/Low 7°C Mainly cloudy with showers

FOCUS ON FAMINE

'It is the disaster we don't want to talk about'



Canada needs to do more, says Vicky Mochama,
metroVIEWS

THE COW JUMPED OVER THE MOOON

Cows will break curfew to be outside, according to this study from the University of British Columbia

metroNEWS

GUILLAUME SOUVANT/AFP

Finding a home for the pot rally

MARIJUANA

Council to look at motion to work with organizers

Wanyee Li
Metro | Vancouver

Vancouver city council will consider whether it should work with local 4/20 protest organizers to find a new location for the annual pot rally, which failed to receive a permit from the Park Board for Sunset Beach.

The main reason for the motion is money, according to Coun. Adriane Carr, who plans to table the motion Tuesday.

"I'm a pragmatic person. I rather see the event permitted and then the cost born by the event organizers, not by the citizens," she told Metro.

Marijuana activist and 4/20 organizer Dana Larsen has said he applied for a permit from the Park Board because it would help organizers pay their share of policing and clean-up costs. He told Metro his aim was to work with authorities to ensure the event goes as smoothly as possible.

But the park board voted to reject a motion to give a permit to 4/20, largely because it would violate the board's no-smoking bylaw in parks. Carr, who lives in the West End, says she heard many complaints about smoke and crowds after last year's 4/20 event at Sunset Beach.

If Carr's motion passes, city staff will work with event organizers and consult with the public on other possible locations for the pot rally.

Several options include the Pacific National Exhibition grounds, Larwell Park (parking lot northeast of BC Place), or the lot in South False Creek where the Cavalia tents are currently set up.

The city has a duty to allow people to protest peacefully — that includes 4/20 where participants call for the legalization of marijuana, said Carr.

"We can't say people can't gather and state an opinion. We're here to make sure public safety is protected and that the city itself is prepared to handle that event."

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metro NEWS

Your essential daily news

Two teens were barred from a flight for wearing leggings, angering online commenters. **World**

NDP health critic 'disappointed' by federal overdose response

DRUGS

MP Davies says Liberal budget is a fifth of what Tories proposed

Matt Kieltyka
Metro | Edmonton

The New Democratic Party's health critic calls the amount of money devoted to fighting the ongoing overdose crisis in the federal budget shocking.

Don Davies, MP for Vancouver Kingsway, says the $110 million set aside for the Canadian Drugs and Substance Strategy over five years is a fifth of the $556 million proposed by the former Conservative government in its last budget.

The reduced spending comes at a time when many provinces are struggling to contain an ongoing overdose death crisis.

Davies lives in the province that has been hit hardest.

Having already declared a public health emergency, 914 people died of illicit drug overdoses in British Columbia last year.

At least 21 people have died this month in Vancouver alone, according to the city.

"I was grossly disappointed and frankly somewhat shocked, actually," Davies said of the Trudeau government's drug measures. "If 50 Canadians were dying a week from ebola, or dengue fever, or H1N1, I bet you'd see the federal government marshalling its resources in a very quick way to respond to that emergency. With people dying there is no excuse for the government not to allocate resources to deal with it. This budget is just a complete failure to do that."

A mural depicting Vancouver's ongoing opioid crisis by artist Smokey D in an alley off Hastings Street in the Downtown Eastside. JENNIFER GAUTHIER/METRO

The federal government has allocated $16 million recently for British Columbia and Alberta to fight their fentanyl-fuelled overdose crisis but doesn't budget any further spending in that area over the next five years.

Davies does give credit to the Liberals for reinstating harm reduction in its drug strategy and for introducing legislation to repeal a Conservative bill that made it nearly impossible for provinces to establish supervised injection and consumption sites.

But the Canadian Drugs and Substance Strategy funding, most of which is devoted to the Liberals' plan to decriminalize marijuana, isn't enough to fend off an escalating crisis, Davies said.

"I was looking for a significant injection of new money, particularly aimed at treatment," he said.

The NDP has called on the federal government to declare a national public welfare emergency to address overdose deaths.

Davies said doing so would also require Ottawa to fast-track emergency funding to provinces dealing with the crisis and allow for the creation of emergency hospital and clinics throughout the country.

> **If 50 Canadians were dying a week from ebola, dengue fever, or H1N1, I bet you'd see the federal government marshalling its resources in a very quick way to respond to that emergency.**
> MP Don Davies

Overdose prevention sites like those established by Vancouver Coastal Health are currently unsanctioned and operating outside federal laws.

Criticism of the Liberals' response to the crisis has also come from within.

In January, Hedy Fry, Liberal MP for Vancouver Centre, told The Canadian Press the party needs "to be doing something about it faster than we are doing it."

She suggested that a regional bias, albeit unintentional, might be at play.

"I think that it is that the whole country isn't suffering from the same problem — it's B.C. and Alberta," Fry said. "It's not starting on Ontario, and I would suggest to you that once it gets bad in Ontario, we will notice action being taken."

During a visit to British Columbia earlier this month, Prime Minister Justin Trudeau ruled out decriminalizing any other drugs beyond marijuana to deal with overdose deaths.

"We are not planning on including any other illicit substances in the move towards legalizing and controlling and regulating," he said. "(The crisis) is an issue that we are taking very seriously and we will continue to engage in."

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They love the night life, they got to mooooo-gie

BRITISH COLUMBIA

Cattle stuck inside days try to stay outside all night: Study

Wanyee Li
Metro | Vancouver

Cows that live indoors by day are highly motivated to break curfew and spend the night outside in pasture, according to a University of British Columbia study.

The study, involving 22 dairy cows at UBC's Dairy Education and Research farm in Agassiz, found that they would try as hard or harder to get outside at night as they would to reach their daily meal.

Researchers measured the cows' motivation by asking them to push increasingly heavier gates in order to reach a reward (food or access to pasture).

The cows were willing to push gates that weighed up to 70 kilograms to get outside at night, said UBC land and food systems Prof. Marina von Keyserlingk.

"The cows vote with their feet," she said. "They will push just as much to access to pasture as they will push to access their fresh feed. This tells us that pasture is really important to them."

Less than five per cent of dairy cows in the United States have access to pasture, according to the paper — Dairy cows value access to pasture as much as fresh feed — published in the journal Scientific Reports. The landscape for Canadian dairy farms is similar, said von Keyserlingk.

And while it's still not clear exactly what cows like about pastures, it's probably not food, she said. In fact, the cows that spent the night outside ate the same amount of feed as the cows that had been inside all day.

A Holstein cow is at Homestead Dairy in Plymouth, Ind. MIRA OBERMAN/AFP/GETTY IMAGES

A team of researchers at UBC's Animal Welfare program plan to find out what cows like about being outdoors.

"Is it the pasture or is it the fact that she wants to be outside? Maybe she wants to lie down in an area where there is no metal," said von Keyserlingk.

But it's also important for people to keep in mind that cows are animals and to not impose human values on them, she said.

For instance, UBC conducted surveys that show members of the public often say cows are most happy when they have access to outdoor spaces 24/7. But that isn't the case, said von Keyserlingk. Her previous studies demonstrate that cows voluntarily stay inside during the day, especially in the summer.

Von Keyserlingk says many dairy farmers are willing to give cows access to pasture but don't know how to stay profitable at the same time. Cows produce less milk if they are roaming during the day.

But a past UBC study shows cows that stay inside days and outside at night don't experience any change in milk production. Von Keyserlingk hopes her line of research helps dairy farmers adapt what they hear from consumers to practices that are beneficial for the cows and the farmers' bottom line.

EARTH HOUR

We could have been darker

Jeff Hodson
Metro | Vancouver

British Columbians powered down (slightly) this Earth Hour, saving 24 megawatt hours of electricity during the annual World Wildlife Foundation event that encourages people to turn the lights off for an hour to raise awareness about climate change.

This year's savings were an improvement from 2015 (which saw a meagre 15 megawatt hours of electrical savings), but far removed from the heady 136 megawatt hours saved in 2013 — a year in which the WWF named Vancouver the Earth Hour Capital of the World.

Last year, BC Hydro did not release Earth Hour stats as the event fell too close to the switch to Daylight Savings Time.

By region this year, the highest participation was in the Southern Interior which saw an energy savings of 1.7 per cent (7.9 megawatts less) compared to the previous Saturday night.

The Lower Mainland was second with an energy savings of 0.4 per cent (16.5 megawatts less). The Island was third with 0.2 per cent (3.3 megawatts less).

The North actually saw its energy use increase by 0.4 per cent (3.4 megawatts more).

WWF's annual Earth Hour event is held in 190 countries around the world between 8:30 and 9:30 p.m. on March 25.

B.C. Hydro said the electrical savings in the province this year is the equivalent of switching off 1.1 million LED lights.

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Council considers Indigenous names

LANDMARKS

If motion passes city staff will come up with design guide

Wanyee Li
Metro | Vancouver

Vancouver landmarks could soon have names that better reflect the region's history. JENNIFER GAUTHIER/METRO FILE

Vancouver landmarks could soon have names that better reflect the region's history — that's the motivation behind a motion that could see the city use more First Nations names for everything from buildings to parks.

The motion on notice, proposed by city councillor Andrea Reimer, asks city staff to repatriate some Indigenous place names and create a design guide for future naming endeavours.

Many of the city's streets and landmarks still reflect a colonial past.

"I think it speaks to the history of erasure that happened within Vancouver, the ways things are now," said Squamish member, Khelsilem.

"Any movement to restore the history or knowledge and culture to the land is a positive step."

Candidates for Indigenous naming aren't necessarily buildings or streets — one possibility is renaming Stanley Park's Siwash Rock, said Khelsilem, the programming director at the non-profit, Kwi awt Stelmexw (KAS).

Reimer says any naming or renaming process would be done through consultation with both non-aboriginal residents as well as the region's three First Nations — the Musqueam, the Squamish, and the Tsleil-Waututh.

Other governments or organizations could make use of the design guide as well, she said.

Vancouver's newest public library, [illegible] ct Strathcona, already has an Indigenous name and the Vancouver School Board has said Crosstown Elementary School will have an Indigenous name after it opens Fall 2017.

The Lower Mainland is home to two Indigenous languages — the Musqueam speak Halkomelem, the Squamish speak the language bearing its name, and the Tsleil-Waututh speak both.

The motion, if passed, will be part of the city's 150+ commitment to make 2017 a year of reconciliation. Reimer says she was inspired to introduce the idea after learning some Squamish herself.

"The most important people to see themselves reflected here are the peoples whose place this is," she said, referring to the reality that Vancouver is located on Coast Salish land.

It's a small first step toward healing, said Reimer, who admitted Canada is still in the early stages of reconciliation.

"The first step of any healing process is telling the truth. And I think the most basic truth is having the land reflect its history," she said.

"The alternative is we watch the trauma play out in the present."

If the motion passes, city staff will be asked to return to council with a report by December 2017.

RELEASE

Sex offender to live in Vancouver

Jeff Hodson
Metro | Vancouver

A B.C. pedophile dubbed 'Swirl Face' by international media is out of prison and plans to live in Vancouver, B.C.'s corrections branch warned Sunday.

Christopher Neil, 42, of Maple Ridge, is a high-risk sex offender who was sentenced to five-and-a-half years in prison in June 2016 after previously pleading guilty to two charges of sexual interference in Cambodia in 2003, one charge of possessing child pornography in Maple Ridge in 2007 and two charges of accessing child pornography in Vancouver in 2013. At the time of sentencing, he had just over 14 months left on his sentence, according to a report by The Canadian Press.

Christopher Neil COURTESY B.C. CORRECTIONS BRANCH

Neil, a balding Caucasian man with brown hair and blue eyes, is five feet 10 inches tall and 190 pounds. In the notification Sunday, B.C.'s corrections branch warned Neil has a "pattern of sexual offending behavior against both pre and early pubescent boys."

He is under close monitoring and is subject to 18 court-ordered conditions including having no contact with anyone under the age of 16, avoiding parks and playgrounds and not using computers or phones that can access the internet. Anyone who witnesses Neil violating one of his conditions is asked to call Vancouver police.

Neil arrived in the Lower Mainland in 2012 after serving his sentence in Thailand. WITH FILES FROM THE CANADIAN PRESS

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Residents flee to the outskirts

HOUSING CRISIS

Prices pushing people to areas like Powell River

David Repa recalls the shock he felt sitting down at a bank after selling his Vancouver business in 2013 and realizing for the first time how much of "a joke" his prospects were of owning a home in the city.

"Oh, my God. I'm not even close," Repa remembers thinking at the time.

Three years later, the man who founded a non-profit electronics-recycling centre and a computer-repair business is living in a spacious home he owns in Powell River. The ocean is a block away and the sound of a creek running through his backyard can be heard from the front steps.

As soaring real-estate prices expand up B.C.'s south coast, Powell River has become a refuge for residents of Greater Vancouver who want to make home ownership a reality. The community of about 13,000, located two ferry rides from the Lower Mainland, is also attracting people interested in living somewhere that will allow them to afford the lifestyle they want to lead.

Neil Frost, president of the region's real-estate board, said he's seen a wave of young people driven out of areas surrounding Metro Vancouver, from Hope to Squamish.

Non-residents have made up about half of the buyers in Powell River over the past couple years, said Frost. Prices have grown about 20 per cent, he added, far lower than the surging values in and around Metro Vancouver.

Figures from the B.C. Real Estate Association show Powell River led the province in January for both the number and total value of residential sales, compared with the same period last year. Residential sales jumped 82 per cent to $6.3 million.

"The people in Squamish really felt the pinch," Frost said. "So many times I had the story, 'Hey, Neil. This was the year I was going to buy in Squamish. House prices went from $450,000 to $750,000. I can't do it. I can't. So show me something in Powell River.'"

> **There are some super creative people ... that can't rent a little space to provide their services to the community.**
> David Repa

Jennifer Weaver, her partner Chris Lacoste and their newborn moved to Powell River last year.

Prices in Squamish "exploded" after Weaver and Lacoste bought a mobile home eight years ago for $130,000, she said.

"You have a lot of these outdoor, adventurous, spirited people who maybe don't want to spend their entire salaries on rent, who are now having to change up their lifestyle in a way to afford to live there. And we just didn't want to do that," she said.

They sold their mobile home for $190,000 and were able to buy a three-bedroom house in Powell River with an ocean view and mountain biking trails leaving from their backyard for $215,000.

"There's a compromise in leaving your community. My husband especially, he really misses meeting up at the pub with the guys," Weaver said, before emphasizing how positive the move has been for her family.

It isn't only prospective buyers eyeing Powell River. Danielle Gravnic, a 28-year-old nurse, began renting a house when she moved to the community in 2016 after 10 years in Vancouver.

"It's oppressive," she said of her struggle to make ends meet in the city. "It's hard to be a successful young person, and I mean successful in a personal sense, in your well-being."

Repa describes it as "fairly upsetting" to have poured so much into a community by starting Free Geek Vancouver and The Hackery and still not being able to afford to live in the city.

"Even with the sale of the business, home ownership was not something that was going to happen in Vancouver. Period," Repa said.

The company wasn't worth millions of dollars, but its sale likely would have been enough to set someone up anywhere else in Canada, he said.

Still, Vancouver will always have a special place in his heart.

"There are some super creative, super energetic, super caring people, and the only thing holding them back is the fact that they can't rent a little space to provide their services to the community," he said. "Vancouver loses out." THE CANADIAN PRESS

David Repa, sitting in his home in Powell River, says it's "fairly upsetting" to have poured so much into Vancouver and not be able to afford to live there. DARRYL DYCK/THE CANADIAN PRESS

The NDP said questions remain for Premier Christy Clark, including why her party isn't releasing the list of donors who made the prohibited donations. CHAD HIPOLITO/THE CANADIAN PRESS

Liberals to refund $93K in donations

POLITICS

Party is citing clerical errors after 43 indirect contributions

The British Columbia Liberal Party says it has found 43 so-called indirect donations worth almost $93,000, which it plans to reimburse.

The information comes as the RCMP is already reviewing possible violations of the B.C. Elections Act related to indirect political donations and other unspecified contraventions involving political party financing in the province.

A statement from the B.C. Liberal Party on Friday said that since March 3 its staff have been reviewing contributions made to the party since 2011, as required under the Elections Act.

The statement sent by party spokesman Emile Scheffel said in all 43 cases, a personal credit card was used on behalf of an organization and that money was then paid back by the organization they represented — a violation of the Election Act.

The statement said the individuals and organizations involved in the donation claims were unaware that reimbursements were not permitted.

"Much of the confusion around these issues has taken place as more contributions and ticket purchases have moved online," the statement said.

It said the party has made changes to its online payment process to improve accuracy of the information collected and help contributors better understand the requirements.

B.C.'s chief electoral officer Keith Archer announced earlier this month that he was handing over a review of similar allegations to the Mounties to ensure fairness as Elections BC prepares for the May 9 election.

Archer had said the review referred to sections of the Election Act that outline restrictions on political contributions and requirements to record information about each contributor.

The B.C. Liberal Party said 30 additional individuals came forward to the party to report "clerical errors" where a contributor was listed as an individual instead of their employer.

The statement said the review process of the party's donations is not yet complete, but it is correcting its records and will update Elections BC regarding these recent findings.

A news release from the B.C. New Democratic Party said questions remain for B.C. Premier Christy Clark, including why her party isn't releasing the list of donors who made the prohibited donations.

THE CANADIAN PRESS

TRAGEDY

Four people found dead in home

Four people were found dead in a home in a remote community in the Interior, RCMP said Saturday.

Officers found the bodies when responding to a request for a check at a home in Venables Valley near Ashcroft on Friday afternoon.

After a preliminary examination of the scene, police said there was no threat posed to the public, but details about the individuals were not immediately released.

The Major Crimes Unit and BC Coroners Service were investigating.

"The scene examination will be carried out throughout the weekend," said Cpl. Dan Moskaluk in a news release Saturday.

"The Ashcroft Victim Assistance workers are also assisting in this matter," he said.

Ashcroft councillor Barbara Roden said the communities are tight-knit and residents of Venables regularly visit Ashcroft for work and leisure.

She said in an interview the deaths will likely have a devastating effect for residents in the area.

"I think almost everyone in town, I think when we find out who it is, is going to have had some contact with them," she said.

Roden said her friend told her grief counsellors had arrived to help the community cope with the tragedy.

She said "a tragedy of this proportion" has not happened before in memory.

THE CANADIAN PRESS

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Shahad Mahdi, the owner of Black Orchid, a clothing and accessories line depicting the modern Muslim woman. EDUARDO LIMA/METRO

Changing perceptions, one design at a time

TORONTO

Student meshes modern design with Islamic culture

Gilbert Ngabo
Metro | Toronto

Long before megabrands like Nike and Uniqlo launched hijab and abaya lines, Shahad Mahdi knew it was cool to rock Muslim apparel.

But the fourth-year business management student at Ryerson University was always troubled by negative representation of Muslim people, especially with ever-growing Islamophobic views from some politicians and extremist groups.

"When you watch the news that has to do with Muslims and the Middle East, all you see is yelling and violence, and I don't think that's who we really are," she said, noting some people just associate any Muslim with terrorism.

She's out to change that perception, one fashion design at a time.

Black Orchid, a pop culture brand she launched a year ago with the help of Ryerson Fashion Zone, makes and sells clothing and accessories combining modern design and Islamic culture.

> **We can do cute stuff too.**
> Shahad Mahdi

Through an online portal, people can purchase different tops as well as pouches, chains and phone cases, all featuring stylish and colourful illustrations of modern Muslim women. She named her brand after a black orchid flower found in the Middle East.

With her images of progressive Muslim women, Mahdi hopes to create a new narrative showing them as strong, creative and capable of being "fashionable and cool." She's received positive feedback, and is thinking of adding more products and expanding.

"All I wanted to do was focus on the positive and show our true colours, show that we can do cute stuff too," she said.

MANITOBA

Province calling for beefed-up border security

New federal government statistics highlighting a spike in refugees flowing into Manitoba demonstrate a need to beef up border security, according to an immigration consultant.

Last year, 575 asylum seekers filed claims at the Canadian Border and Services Agency or Immigration, Refugees and Citizenship Canada offices compared to 220 refugees in 2015. That's a 161 per cent jump, the highest increase of all the provinces.

LUCY SCHOLEY/METRO

The queen of speed

Autumn Fox
For Metro | Calgary

Calgary's Kelly Fedorowich has a need for speed.

By the end of this year, Fedorowich hopes not only to be the first licensed female competitive top fuel drag racer, but she's also going to become the fastest woman in Canada.

And fast is an understatement.

Fedorowich will be driving a souped up dragster that's fuelled by nitromethane – or 'rocket fuel,' as Fedorowich calls it.

The dragsters can hit top speeds of 530 km/h or more in fewer than four seconds – and just sitting in the vehicle as it clocks that top speed will make her the fastest woman in Canada.

It'll be a slow burn to get there. The fuel is expensive, so they'll be teasing out higher speeds throughout the season.

The dragster, is revved and ready to go though. Fedorowich got into racing through her husband, David, who had been driving in the fast lane since 18.

Fedorowich began her top fuel training in 2016 and took a Zen-like approach to learning to pilot the vehicle, which can hit a G-force rate of seven while running a quarter mile.

Kelly Fedorowich wants to be the fastest woman in Canada. AUTUMN FOX/FOR METRO

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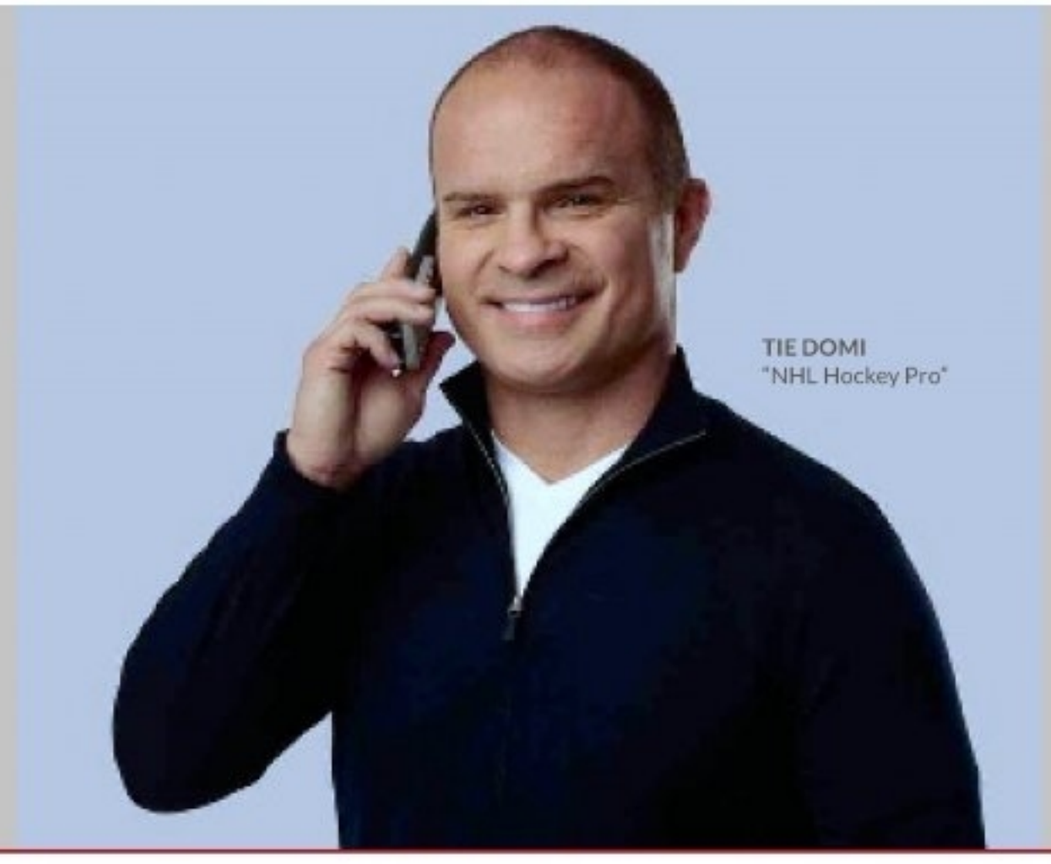

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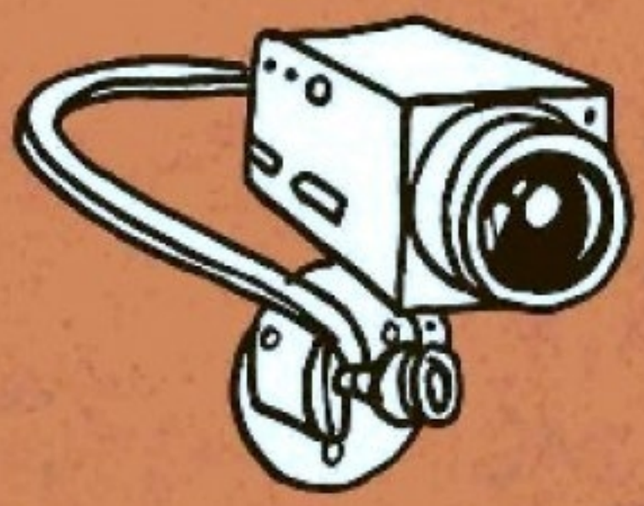

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Prime Minister Justin Trudeau has not ruled out a peacekeeping mission to Africa. THE CANADIAN PRESS

Peacekeeping mission still possible this year

MILITARY

Trudeau leaves option open, but no plans shared with UN

Prime Minister Justin Trudeau is not ruling out sending troops to a peacekeeping mission this year, even though Canada has not yet told the United Nations what it is up to.

"We have a difficult history in Africa as peacekeepers and we need to make sure that when we embark on any ... military mission, we make the right decisions about what we're going to do, how we're going to do it, and the kind of impact we're going to have on the ground and on Canadians," Trudeau said Saturday.

"That's a decision we're not going to fast-track. We're making it responsibly and thoughtfully."

The Liberal government pledged last summer to provide up to 600 troops and 150 police officers for UN peacekeeping operations, plus $450 million over three years on peace and stability projects.

Defence Minister Harjit Sajjan originally promised to reveal where they were headed by the end of last year. Military officials and Canadian diplomats put some work into figuring out where Canadian troops could make an impact, but an announcement has yet to be made.

> **That's a decision we're not going to fast-track.**
> Justin Trudeau

The Liberals ended up stalling their plans — including a request from the UN to lead the peacekeeping mission in Mali — as the federal government tried to figure out the priorities of U.S. President Donald Trump and his administration.

Trudeau stood firm on the Canadian line that its contribution to NATO should not be measured by that fact that it spend about one per cent of its GDP on defence, short of the agreed-upon target of two per cent.

"Lots of different countries in NATO measure their contributions in different ways. Canada measures its contribution by the amount of times and ways that we step up concretely on issues that matter," Trudeau said.

The prime minister said his caucus is more united than ever.

"One of the great strengths of the Liberal party is there is always a range of perspectives that allow us to represent the range of perspectives of Canadians."

THE CANADIAN PRESS

FIREARMS

Study reveals extent of gun risk to Ontario youth

Firearms injure a child or youth almost every day in Ontario, say researchers, who analyzed hospital records to determine which groups of young people are most at risk for gun-related accidents or violent assault.

Their study, published Monday in the Canadian Medical Association Journal, found there were 355 firearm injuries on average each year among children and youth, about one quarter of which resulted in death.

"Three-quarters are unintentional, so these are accidents that happen, and about 25 per cent are intentional or assault," said senior author Dr. Astrid Guttmann, a pediatrician at Toronto's Hospital for Sick Children.

When the researchers looked at provincial hospital emergency room records for gun-related injuries, they found Canadian-born youth, particularly males, had the highest rates of unintentional firearm injury — 12 per 100,000 people versus about seven per 100,000 for immigrant males.

But when it came to firearm injuries due to assault, immigrants and refugees were at much higher risk than their non-immigrant counterparts.

Refugee children and youth were 1.4 times more likely to be shot than Canadian-born residents of the same age, while immigrant children and youth from Africa were almost three times as likely and those from Central America almost four times as likely to be a victim of a firearm assault, the study found.

> **355**
> **Number of injuries related to firearms on average among children and youth in Ontario each year.**

Males in all three groups were at highest risk of suffering a gunshot injury, said Guttmann, chief science officer at the Institute for Clinical Evaluative Sciences, which collected the data.

"When we looked at unintentional injuries, children who live in rural areas are more likely to suffer one of these injuries," she said. "And when we looked at immigrant versus long-term residents — the majority of whom would be Canadian-born — immigrants are much less likely to be injured in accidental shootings." THE CANADIAN PRESS

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CINCINNATI

1 dead, 15 injured in nightclub gunfight

A gunfight broke out inside a crowded Cincinnati nightclub early Sunday, leaving one man dead and 15 others wounded after a dispute among several patrons escalated into a shootout, authorities said.

No suspects were in custody by late afternoon in the shooting at the Cameo club, which has a history of gun violence, and police said there was no indication of any terrorism link.

Cincinnati Police Chief Eliot Isaac said one of the wounded was in "extremely critical condition," while a hospital spokeswoman said two victims were listed in critical condition.

Police began receiving calls at 1:30 a.m. about gunshots at the club near the Ohio River east of downtown Cincinnati. Isaac said some 200 people were inside the club, one of the few hip-hop venues in the city, for music and dancing.

Isaac identified the dead man as 27-year-old O'Bryan Spikes, but provided no other details. He said 15 others were injured, with some already treated and released from hospitals. THE ASSOCIATED PRESS

CALIFORNIA

Arrests made after scuffle at Trump rally

A scuffle broke out on a Southern California beach where supporters of President Donald Trump were marching when counter-protesters doused organizers with pepper spray, authorities said Saturday.

The violence erupted when the march of about 2,000 people at Bolsa Chica State Beach reached a group of about 30 counter-protesters, some of whom began spraying the irritant, said Capt. Kevin Pearsall of the California State Parks Police. Three people were arrested on suspicion of illegal use of pepper spray and a fourth person was arrested on suspicion of assault and battery, he said.

Two people suffered minor injuries that didn't require medical attention, Pearsall said.

An anti-Trump protester who allegedly used the eye irritant was kicked and punched in the sand by a group of Trump supporters, according to a report in the LA Times.

Counter-protesters said before the march began that they planned to try to stop the march's progress with a "human wall."

Supporters of Trump scuffle with counter-protesters during a rally on, March 25, in Huntington Beach, Calif. THE ASSOCIATED PRESS

Earlier this month, a rally in Berkeley, California, in support of Trump turned violent, and his supporters clashed with counter-protesters in several fights that led to the arrest of 10 people and left at least seven people injured. THE ASSOCIATED PRESS

Police officers are seen with floral tributes to the victims of the March 22 terror attack in front of the Elizabeth Tower, more commonly referred to as 'Big Ben' in central London on Sunday. GETTY IMAGES

Attacker's encrypted message can't be read

LONDON TERROR

Controversy swirls over WhatsApp service

Westminster Bridge attacker Khalid Masood sent a WhatsApp message that cannot be accessed because it was encrypted by the popular messaging service, a top British security official said Sunday.

British press reports suggest Masood used the messaging service owned by Facebook just minutes before the Wednesday rampage that left three pedestrians and one police officer dead and dozens more wounded.

As controversy swirled over the encrypted messages, police made another arrest in Birmingham, England, where Masood had lived. The 30-year-old is one of two men now in custody over possible links to the attack. Neither has been charged or publicly named.

Masood was shot dead on the grounds of Parliament.

Home Secretary Amber Rudd used appearances on BBC and Sky News to urge WhatsApp and other encrypted services to make their platforms accessible to intelligence services and police trying to carrying out lawful eavesdropping.

Rudd did not provide any details about Masood's use of WhatsApp, saying only "this terrorist sent a WhatsApp message and it can't be accessed."

But her call for a "back door" system to allow authorities to retrieve information is likely to meet resistance from the tech industry, which has faced previous law enforcement demands for access to data after major attacks.

In the United States, Apple fought the FBI's request for the passcodes needed to unlock an iPhone that had been used by one of the perpetrators in the 2015 extremist attack in San Bernardino, California.

The FBI initially claimed it could obtain the data only with Apple's help, but ultimately found another way to hack into the locked phone.

Masood drove a rented SUV into pedestrians on Westminster Bridge before smashing it into Parliament's gates and rushing onto the grounds, where he fatally stabbed a policeman and was shot by other officers. A detailed police reconstruction has found the entire attack lasted 82 seconds.

Police are trying to pinpoint his motive and identify any possible accomplices, making the WhatsApp message a potential clue to his state of mind and his social media contacts.

Rudd said attacks would be easier to prevent if authorities could penetrate encrypted services after obtaining warrants. THE ASSOCIATED PRESS

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UN peacekeepers patrol in Juba, South Sudan, last October. TONY KARUMBA/AFP/GETTY IMAGES

Aid workers killed in South Sudan

AFRICA

Ambush is the latest against those helping famine crisis

Six aid workers were ambushed and killed in South Sudan, the deadliest attack on humanitarian workers since the East African nation's civil war began in 2013.

The attack took place Saturday on the road from Juba, the capital, to Pibor, where there have been recent reports of fighting, said Eugene Owusu, the top UN humanitarian official in South Sudan in a statement issued Sunday.

"At a time when humanitarian needs have reached unprecedented levels, it is entirely unacceptable that those who are trying to help are being attacked and killed," said Owusu.

The ambush is the latest of several attacks on aid workers in South Sudan, which is one of the largest humanitarian crises in the world. At least 12 aid workers have been killed so far this year and 79 have been killed since civil war began in South Sudan in 2013, said the statement.

Famine has been declared in two counties in South Sudan where one million people are on the brink of starvation and there is also a cholera outbreak in parts of the country. But aid organizations responding to both famine and the cholera outbreak have been attacked by armed forces, according to the UN. The ambush came the day that South Sudan's government declared a unilateral ceasefire and granted amnesty to armed groups who renounce violence.

South Sudan's government agreed to issue the ceasefire in response to pressure from East African countries during a regional summit in Nairobi.

The ceasefire and amnesty was immediately rejected by Mabior Garang, a spokesman for the opposition SPLM-IO party, who called it "silly" and a "non-starter."

"South Sudan's government usually declares ceasefires as a public relations gimmick or while under extreme external pressure to do so," said Alan Boswell, a researcher on South Sudan. "Food deprivation is an extremely effective government tool to weaken, depopulate, and demoralize opposition areas."

East African nations have not succeeded in playing a constructive role to encourage an end to South Sudan's civil war. Sudan and Uganda continue to be key entry points for weapons into South Sudan, according to a UN panel of experts report.

THE ASSOCIATED PRESS

TRAVEL

Airline kicks off Twitterstorm after girls banned over leggings

Two teenage girls were barred by a gate agent from boarding a United Airlines flight from Denver to Minneapolis on Sunday because they were wearing leggings, according to a spokesman for the airline.

The girls, whose ages were not specified, were not allowed onto the morning flight because they were travelling under an employee travel pass that includes a dress code, United spokesman Jonathan Guerin said.

The dress code bars pass travellers from wearing spandex or lycra pants such as leggings. The teenagers agreed to change their clothing and take a later flight, Guerin said, but the airline's actions sparked a backlash online.

Activist Shannon Watts of Denver tweeted that she witnessed Sunday's events and questioned United's decision to police women's clothing.

Watts said the girl's father was allowed to board while wearing shorts and called the airline's policy sexist.

Regularly ticketed passengers are not subject to the same dress code and can wear leggings, Guerin said. But the airline was standing by its policy for pass travellers because they are essentially representing the company, he said.

"We would ask the same of pass riders who were wearing flip-flops or who were wearing clothing that revealed their undergarments or torn, tattered jeans," Guerin said.

THE ASSOCIATED PRESS

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Paula Timms does repairs following Friday night's storm in Jonesboro, Ark. THE ASSOCIATED PRESS

Winds, hail batter Southern Plains

WEATHER

Storms expected to roll through late Sunday

Golf ball-sized hail and powerful winds were expected to roll through parts of the Southern Plains late Sunday, marking the latest round of turbulent weather across the Midwest and South, forecasters said.

The National Weather Service said the storms were forecast in parts of northern Texas and central Oklahoma, including the Oklahoma City metropolitan area. Residents of western Arkansas were also at risk, but to a lesser degree.

Forecasters didn't rule out tornadoes but expected the primary threats to be large hail and damaging wind gusts from thunderstorms in Oklahoma, said Patrick Marsh, the warning co-ordination meteorologist at the Storm Prediction Center in Norman, Okla.

But thanks to the time of year, he said, the weather system could spare the region from a devastating storm because it lacks a key ingredient: moisture.

"It'll be interesting to see how the storms interact with lesser amounts of moisture," Marsh said Sunday. "If this system would have happened in May, the tornado threat may have been higher."

The new threat came as residents in the Deep South cleared branches and worked to restore power from weekend storms.

AT RISK

Storms were forecast in parts of:

- Northern Texas
- Central Oklahoma, including the Oklahoma City metropolitan area
- Western Arkansas

A tornado destroyed four mobile homes and damaged others near Cato, Ark., late Friday night. In northwest Louisiana, sheriff's officials said a church was destroyed by an apparent tornado, though no injuries were reported.

As the storms moved east, they toppled trees and power lines in Mississippi and Louisiana.

THE ASSOCIATED PRESS

SYRIA

Forces capture air base from Daesh

U.S.-backed Syrian Kurdish forces captured a strategically important air base from Islamic State militants in north Syria on Sunday in the first major victory for the group since the U.S. airlifted the forces behind enemy lines four days ago.

The Kurdish-led Syrian Democratic Forces announced they had captured the Tabqa air base, 45 kilometres (28 miles) west of Raqqa, the Islamic State group's de facto capital in Syria.

The U.S., which has provided substantial air and ground support to the SDF, ferried hundreds of SDF forces, as well as U.S. military advisers and U.S. artillery, behind IS lines earlier this week.

The airlift was a major development to the SDF's multi-front campaign to bear down on Raqqa, as U.S.-backed Iraqi forces simultaneously press their assault to seize Mosul from the militants, in neighbouring Iraq. THE ASSOCIATED PRESS

JAPAN

Avalanche hits ski resort

Authorities say six Japanese high school students were found unconscious after they were caught in an avalanche at a ski resort Monday morning.

Officials said three other students were also injured, and two more students and an instructor were missing. Reports said they were part of a group of about 50 students who were on a mountain-climbing exercise at the ski area north of Tokyo.

THE ASSOCIATED PRESS

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Planning for the future

FINANCES

Expert says to consult family early before you retire

There's the retirement that looks like the commercials: biking, travel, enjoying the family.

And then there's the one where you can't get up the stairs anymore.

Most of us happily plan for the first, when our health is good and energy high. The second can be hard to contemplate, when health falters and medical crises can change lives.

Certified financial planner Dana Anspach of Scottsdale, Arizona, doesn't want clients to prematurely give up their homes or make other moves that may not suit them. One couple she advised moved into a continuing care community in their 80s and moved back out again a year later because they couldn't entertain or decorate the way they wanted. Anspach also has heard horror stories of elders who stayed too long in unsafe conditions until they had health crises.

The key, planners say, is to start thinking and talking about how you want to cope when your health begins to fail.

"You have so many more options if you plan earlier and set up the trajectory of where you're wanting to go," says Danielle Howard, a CFP in Basalt, Colorado.

Howard starts with the somewhat easier decisions, such as whom the clients want to make medical and financial decisions should they become incapacitated. Then the discussion moves to the harder topics — imagining life when they can't navigate stairs or drive or handle daily activities such as cooking, cleaning, dressing or bathing themselves.

Anspach advises clients who don't have long-term care insurance or family members willing to provide care to save their home equity for expenses, rather than using it to boost their retirement income.

If parents expect children to help, Anspach says, they need to make sure the kids are on board and that those kids' lives are stable enough to provide care if the parents move closer.

"You don't want to move across the country and have them get transferred somewhere else," Anspach says.

THE ASSOCIATED PRESS

Experts warn clients planning for their futures to not leverage home equity for retirement purposes, saying it harm your finances long term. ISTOCK

> **You have so many more options if you plan earlier.**
> Danielle Howard

IRAN

American businesses sanctioned

Iran on Sunday sanctioned what it described as 15 American companies, alleging they support terrorism, repression and Israel's occupation of land Palestinians want for a future state, likely in retaliation for sanctions earlier announced by the U.S.

The wide-ranging list from an American real estate company to a major arms manufacturer appeared more symbolic than anything else as the firms weren't immediately known to be doing business in Iran.

A Foreign Ministry statement carried by the state-run IRNA news agency said the sanctions barred companies from any agreements with Iranian firms and that any of the company's assets in Iran could be seized.

"The sanctioned companies have, directly and/or indirectly, been involved in the brutal atrocities committed by the Zionist regime in the occupied Palestinian territories, or they have supported the regime's terrorist activities and Israel's development of Zionist settlements on the Palestinian soil," the IRNA report said. THE ASSOCIATED PRESS

150 WAYS of looking at Canada

POSTCARD NO. 55

FORT WHYTE CENTRE , WINNIPEG

THIS PHOTO WAS TAKEN AT FORT WHYTE CENTRE IN WINNIPEG, A WONDERFUL PLACE TO VISIT. TOURISTS AND WINNIPEGGERS ENJOY THE SERENITY OF THE WOODS, THE WOODLAND CREATURES, THE STILL WATERS AND ITS INHABITANTS, THE BIRDS, THE FLOWERS ... SO MUCH TO SEE, YOU'LL WANT TO GO BACK AGAIN AND AGAIN.
ANNETTE BONOMO

SEND US YOUR POSTCARD

Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. Get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. Email us at **scene@metronews.ca** or post to Instagram or Twitter with the hashtag **#150postcards**.

metro VIEWS

FOCUS ON FAMINE

DAY 1: CANADA'S ROLE

VICKY MOCHAMA

CANADA MUST LEAD THE FIGHT

Twenty million people are on the brink of starvation. The UN is asking for $4.4 billion by July to avert a global catastrophe. While Canada's donated millions, it's not nearly enough.

It is the disaster we don't want to talk about.

Twenty million people are on the brink of starvation. The United Nations and its various agencies — the World Food Programme and the United Nations Secretariat, to name two — have sounded the alarm. This is the largest humanitarian crisis since the creation of the United Nations in 1945.

In an interview with Metro in January, Joanne Liu, president of the global aid organization Médecins Sans Frontières (Doctors Without Borders), told a story about visiting famine-ravaged northern Nigeria. Liu sensed something off in one community and then realized, sickeningly, that there were hardly any children under five still living.

By inaction and indifference, we are losing whole generations. The people who survive this moment will have little reason to believe in "Never again," a promise made often by the international community after the Rwandan genocide in 1994.

To staunch mass catastrophe in South Sudan, Somalia, Nigeria and Yemen, the international community needs to come up with $4.4 billion by July. They've pledged only a small fraction.

Canada has pledged nearly $120 million, less than three per cent of the total request. Had Canada followed through on its vow from the Millennium Development Goals to adopt an aid target of 0.7 percent of its gross national income, we would be giving more than $10 billion globally. More than enough to solve this crisis, and then some.

In 2015, Trudeau told delegates at a climate summit in Paris that "Canada is back." In 2017, why not lead Canada and the world in feeding a starving and desperate population?

The UN's request could be filled within minutes by the wealthiest governments in the world, including Canada. At the highest levels of power, the political will simply isn't there to make the moral choice. The UN's emergency relief co-ordinator Stephen O'Brien says, "Allowing famine to unfold is a choice; we must make the choice to stop it."

When the decision is made to step up, it will be too late for too many. In 2011, by the time a famine had officially been declared in Somalia, tens of thousands had already died. For many families and communities today, the disaster has already struck.

Governments are slowly stepping up, but rather than waiting, citizens are already doing their part.

A group of five American friends set up a GoFundMe page called the Love Army for Somalia and asked Turkish Airlines to be their flight partner. In less than a week, more than 80,000 people donated $2.2 million. The campaign is funnelling the money to NGOs in Somalia to buy local food, rather than crash the market with foreign goods. As for the plane, they are using it to fly in specialized food for undernourished babies.

Theirs may be a dramatic example, but it is not the only effort. Somalis, Yemenis, Nigerians and Sudanese people in Canada have been doing their best to support family, friends and communities, but they can't do it alone.

Canadians often claim a particular kindness and generosity, yet all too often that spirit seems to disappear when the needy are black and African. It is made complicated when they are Arab. But there are black, African and Arab Canadians too. Their communities are ours too.

It is their cultures that enrich this country; their children who will help lead it. We must support their efforts.

Twenty million people need to eat. How will we serve them?

NIGERIA A malnourished child receives heath care at a feeding centre run by Doctors Without Borders in Maiduguri. SUNDAY ALAMBA/THE ASSOCIATED PRESS

SOMALIA Sacdiyo Mohamed, nine months old, is treated at a hospital after her mother Halima Hassan Mohamed fled the drought in southern Somalia for Mogadishu. MOHAMED SHEIKH NOR/THE ASSOCIATED PRESS

YEMEN A boy receives treatment at a feeding centre in the capital Sanaa. The conflict in Yemen has worsened food insecurity in the country, which was already considered one of the poorest in the world. GETTY IMAGES

SOUTH SUDAN Ayei Wier saw the signs of famine back in 2015 when she watched her baby Malou suffer from hunger. WORLD VISION CANADA/CNW GROUP

BY THE NUMBERS

20 million

People facing famine in South Sudan, Somalia, Nigeria and Yemen. That's more than half the population of Canada.

1.4 million

Number of children facing death from severe malnutrition

$4.4 billion

Amount needed by July to prevent tragedy

$119 million

Amount pledged by Canada for the crisis. Canada donated $100 million for humanitarian assistance in the four countries last year

SOURCE: UNITED NATIONS WORLD FOOD PROGRAM

HOW YOU CAN HELP

- **Doctors Without Borders:** The charity has projects in the countries affected by famine, providing medical and humanitarian assistance. You can donate via msf.ca
- **Save The Children:** The charity operates children support programs in the four countries affected. You can donate to them through savethechildren.ca
- **CARE Canada:** The organization runs poverty-reduction efforts in Somalia, Yemen and South Sudan. You can donate through their website care.ca
- **OXFAM Canada:** The charity provides emergency and long-term assistance to people in countries affected by the ongoing famine. You can donate at oxfam.ca

GILBERT NGABO/METRO

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MANAGING EDITOR VANCOUVER
Jeff Hodson

ADVERTISER INQUIRIES
adinfovancouver@metronews.ca
General phone 604-602-1002

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metro LIFE

Your essential daily news

High-intensity interval training slows down the aging process, new study says

Copeland shares dancers' wisdom

BOOKS

Ballerina writes about discipline, body acceptance

Misty Copeland is not only one of the most famous ballerinas in the world — and the first black female principal dancer at American Ballet Theatre — but she has crossed over into mainstream pop culture fame like no other.

Her bestselling book, Life in Motion, was a memoir, but in her new book she seeks to impart some of the wisdom that helped her along the way. She includes detailed exercises — classic ballet moves, starting on the floor — and also meal plans and favourite recipes.

On a recent morning, Copeland sat down for an interview. Her remarks were edited for length and clarity.

WHY THE NEW BOOK?

"Every woman struggles with their body at some point, especially as a dancer. (Also) I've been approached about what I eat, what other forms of exercise I do outside of class. How do I mentally and emotionally stay strong in a field like this? So I felt like I needed to write about this ... also just debunking these awful stereotypes attributed to ballerinas, having eating disorders and not really being athletes. We work just as hard as athletes, if not harder, because we are also actresses and actors onstage. We're not competing to win, but we're competing to be ourselves, our best selves. Everyone can benefit from that kind of structure in their lives."

ON BODY IMAGE

"I never felt beautiful. In school I was really short and really thin and I had really big feet and this tiny little head, and long arms and really big hands, and felt like, this isn't what society views as beautiful. And it wasn't until I stepped into ballet class that it was like, 'Wow, you have the perfect balance and physique for ballet.' And so I became used to that. And then I went through puberty and my body changed. It's not talked about really openly, but every dancer goes through ups and downs in terms of being out of shape. We need to treat our bodies like an instrument, and that's a huge part of it, just finding a balance and not depriving yourself.

ON THE RIGHT MINDSET

"I think it's important to feel comfortable with who you are, no matter where you're starting from. The mental discipline is so much a part of it, feeling strong, feeling in control. And just focusing on the journey and feeling good about yourself. I want this book to be for everyone... for someone who has never taken a dance class, for the mom or the college student."

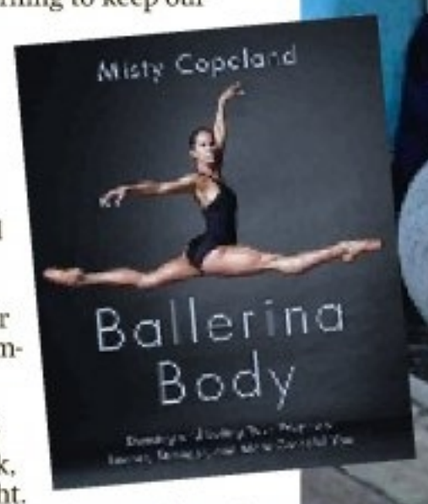
COMING TO TERMS WITH FOOD

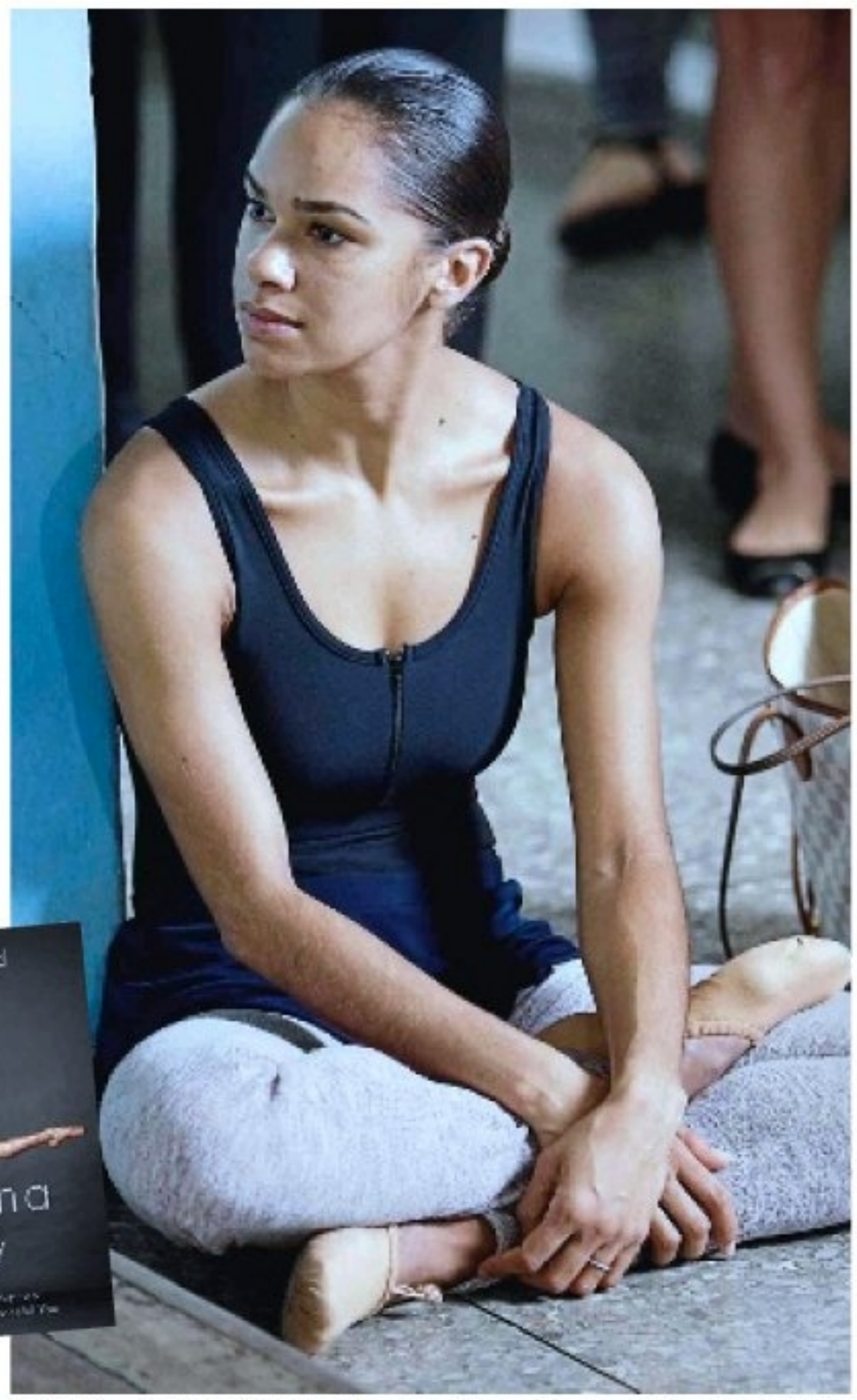
"We all have a difficult relationship with food. Especially in America where we have so much access to quantity. We were on food stamps for most of my childhood, so we were finding food to eat to survive, it wasn't about the best and healthiest food. So when I became a dancer, I pretty much was eating whatever I wanted. Once my body changed, that's when I really started to evaluate what I was putting into my body. I cut out meat six or seven years ago."

WHAT'S A BALLERINA'S TYPICAL DAY?

"We're in class at 10:15. An hour and a half every morning. Even if we're not in rehearsals, we still take class every morning to keep our instrument fine-tuned. Rehearsals start at noon. We usually go straight through from noon to 7. And that's during rehearsal period. During our biggest performance period, spring season, we're working six days a week, until 11 at night. It's a lot; people don't really realize it when they just see this beautiful product onstage.

THE ASSOCIATED PRESS





Misty Copeland, the first black female principal dancer at American Ballet Theatre, has crossed over into mainstream pop culture fame.

ERNESTO MASTRASCUSA/AFP/GETTY IMAGES

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A Barbie world for girls and boys

TOYS

Mattel trying to reach kids on phones, laptops, TVs

Mattel is looking to the movies. The maker of Barbie and Hot Wheels, which has live-action films based on those toys in the works, says it wants to find new ways to be on more screens in front of more kids.

These days, that takes more than a 30-second commercial.

Big-screen movies are a first for 72-year-old Mattel, which has mostly relied on television ads, apps and straight-to-DVD movies to promote its toys. It launched a separate unit last year to help produce films, TV shows and other content with studio partners.

The Barbie movie hit a snag last week when comedian Amy Schumer dropped out of the starring role citing scheduling conflicts. The film is being made with Sony and it's expected to be released next year.

A Hot Wheels film is also in development.

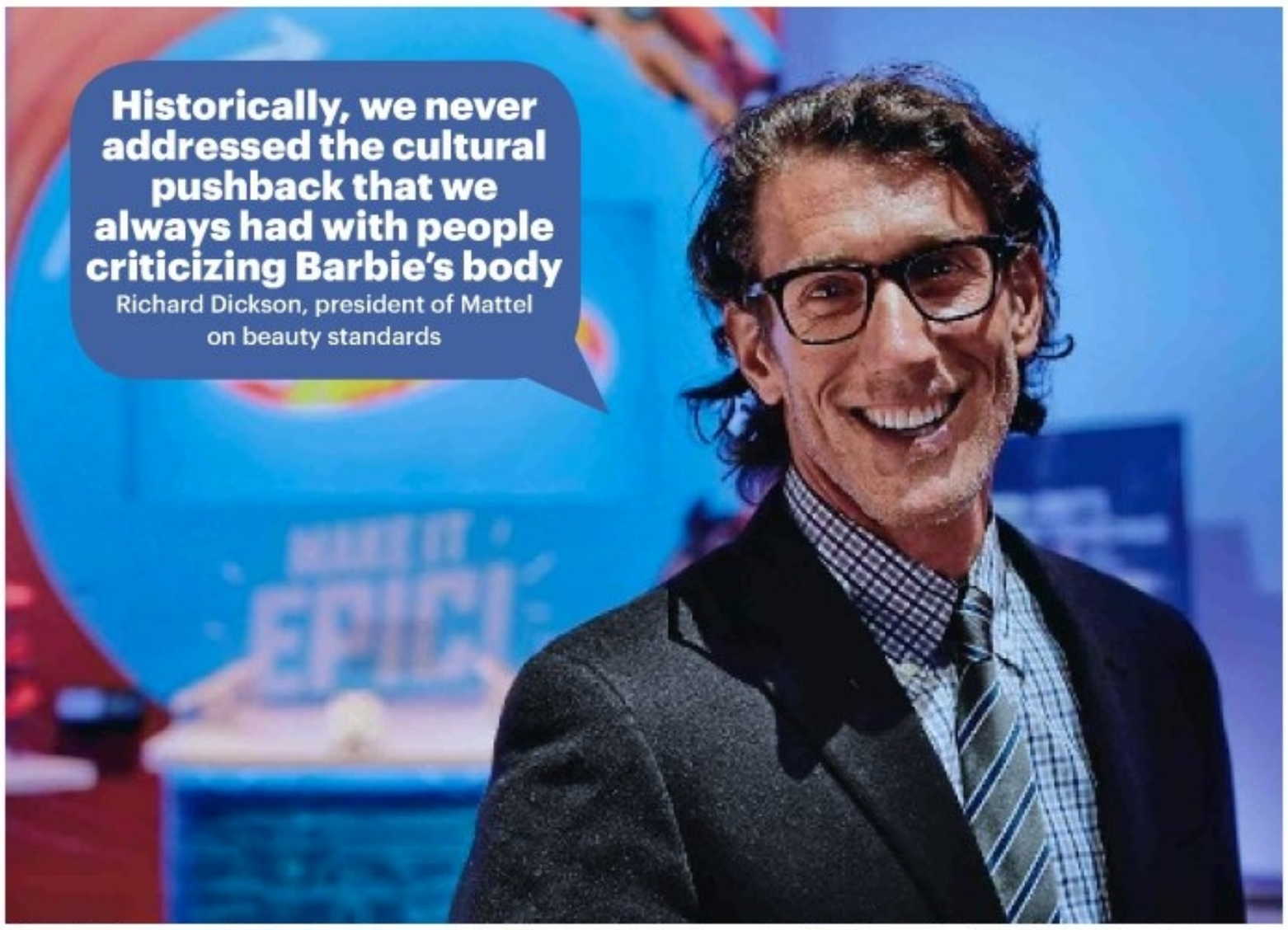
Mattel will also be on TV starting April 7 on ABC, showing its search for the next big toy idea in a competition show called The Toy Box.

Chief Operating Officer Richard Dickson says Mattel is making the winning toy now, and it will go on sale at Toys R Us stores after the series ends May 19.

Other changes Mattel has made include new body shapes, hair types and skin colours for Barbie, and the American Girl brand's first boy doll.

Dickson spoke recently about how Mattel is trying to bring new life to its classic toys.

Questions and answers have been edited for clarity and length.


Historically, we never addressed the cultural pushback that we always had with people criticizing Barbie's body
Richard Dickson, president of Mattel
on beauty standards

Richard Dickson, president and chief operating officer, says Mattel, the maker of Barbie and Hot Wheels, is trying to bring new life to its classic toys through live-action films. THE ASSOCIATED PRESS

Why the focus on movies and TV shows?

Kids today can obviously skip commercials. And screen time today is not one screen, it's multiple screens. Our objective is to be everywhere our consumers are. They are on their phone. They are on their laptop. They're on their iPad. They're on their television. There is no centre.

What's the Barbie movie about?

I can't get into a lot of detail as to what the story will be, but I can tell you what it is. It is live action. It is going to be a story that continues to celebrate the idea that girls can be anything. I think the way that we narrate that story will be entertaining for girls of all ages. And I also think it will be, hopefully, appealing to some boys also.

With Amy Schumer out of the Barbie movie, is there a search for someone else? What are you looking for? Another comedian?

We have a list of people who are interesting and interested. We look forward to working with Sony to bring the vision of the character and the story to life.

Why the changes to Barbie's body shape last year?

Historically, we never addressed the cultural pushback that we always had with people criticizing Barbie's body. And we sort of justified it by saying it's a toy and it's not a real human and we sort of moved on. And one of the things that we've done, to reintroduce the brand as relevant, is to listen to the consumer and start to have a dialogue with her instead of a monologue.

In 2015, a Barbie ad featured a boy for the first time. Why the attention to boys?

We know for a fact that a lot of boys play with Barbie and it hasn't been something that we've acknowledged. In many cases it is a boy playing out a Barbie world with his sister. And then there are boys who actually drive the play themselves. We are pretty pronounced with boys, we just never really expressed it in marketing.

THE ASSOCIATED PRESS

Health DIGEST

SURVEY

Optimism comes to those who age

A new survey suggests many pessimistic feelings held by people earlier in life take an optimistic turn as they move toward old age. Even hallmark concerns of old age — about declining health, lack of independence and memory loss — lessen as Americans age. Among people in their 30s, 46 per cent described themselves as mostly or somewhat optimistic about aging, compared with 66 per cent of people 70 and older. TORSTAR NEWS SERVICE

TREATMENT

U.S. OKs new drug as add-on for Parkinson's

U.S. regulators have approved the first new drug in a decade for Parkinson's disease, a neurological disorder that causes tremors and movement difficulties. The Food and Drug Administration says it has approved Xadago for use when a patient's regular medicines aren't working well. According to the FDA, adding Xadago to levodopa decreased symptoms such as involuntary muscle movement.

TORSTAR NEWS SERVICE

FDA

Rare cancer linked to breast implants

The U.S. Food and Drug Administration says it has received reports of 9 deaths and more than 350 cases of a rare blood cancer linked to breast implants. The World Health Organization concluded years ago this type of lymphoma can develop following breasts implants. The disease seems to occur more often with textured implants in the scar tissue near the implant and is associated with pain and swelling. TORSTAR NEWS SERVICE

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Startup incubators go out of classroom

UNIVERSITIES

Programs offer hands-on learning, mentorship

Megan Haynes
For Metro Canada

In two years, Matthew Watkinson turned his idea of selling tiny wheels for miniature skateboards into a business pulling in nearly six-figures per year. CONTRIBUTED

Everyone told Matthew Watkinson that his business idea was crazy. What sort of money would there be in selling tiny wheels for miniature skateboards you operate with your fingers?

But the then-28-year-old Brantford, Ont. native was at the end of his rope: Without a high school diploma, his options were limited. Out of work, he was living with his parents and was looking for something — anything — to help him get out of debt. He went to the local business centre to see if his idea of supplying the fingerboard community with mini wheels was viable. It was, they said. To help him develop the idea further, the business centre pointed him to an entrepreneurship incubation program at Wilfrid Laurier.

At LaunchPad, he spoke with potential clients and suppliers about the potential of his idea. He also worked with a mentor and other early-stage startups. At the end of eight months, he launched his first business, Joycult, selling mini wheels online.

Two years later, his business is pulling in shy of six-figures per year. And at 30, he's purchased his first home.

Universities across the country have launched startup incubation programs as they seek to diversify learning out of the classroom. Most programs target current and former students, alumni and sometimes locals in the community, offering hands-on learning, mentorship, resources and even financial support.

> **There's so much intellectual property and ideas and untapped potential**
> Barry Yates, University of British Columbia

At Wilfrid Laurier, LaunchPad originated as a way for students to receive course credit, says Tom Ebeyer, co-ordinator of incubation and new ventures at the university. Demand was high and in 2014, it transitioned into a standalone program for students and members of the community.

Seventy-five people filter through the program each year, and ideas span tech, like new apps or hardware, to niche consulting businesses and novel retail ideas. Like Watkinson, students are paired with a mentor, participate in group sessions, conduct interviews that prove their business model has merit. They also develop a business plan.

Universities have been subject to criticism in recent years that programs do little to prepare students for life outside academia. Part of Laurier's goal with LaunchPad is to provide more hands-on, real world experience to address that concern, Ebeyer says.

What's more, entrepreneurship is increasingly attractive to prospective students, says Barry Yates, managing director of Entrepreneurship at the University of British Columbia (e@UBC), an incubation and funding program available for students, faculty and alum at the Vancouver school. Schools with programs targeted at startup-hopefuls provide a differentiator when people are choosing a school, he says.

And while universities have not traditionally participated in the startup culture, he says, that's changing as institutions recognize there's a large untapped opportunity in students' and faculties' research.

"UBC spends $600 million on research annually and has more than 6,000 researchers," he says. "There's so much intellectual property and ideas and untapped potential. Marrying that with entrepreneurs and giving (e@UBC participants) the opportunity to take these ideas and commercialize them is hugely compelling for both the university and community here."

INCUBATORS

Universities capitalizing on startup incubator craze.

- **Halifax:** Dalhousie – ideaHUB
- **Montreal:** McGill – McGill Lean Startup
- **Ottawa:** University of Ottawa – Startup Garage
- **Waterloo:** Wilfrid Laurier – Launchpad
- **Waterloo:** University of Waterloo – Velocity
- **Edmonton:** University of Alberta – TEC Edmonton
- **Vancouver:** University of British Columbia – e@UBC

YOU CAN DO THIS SECURITY MANAGER

Job touches every part of hotel

Michael Tadros, 28, security and loss prevention manager, Hazelton Hotel, Toronto.

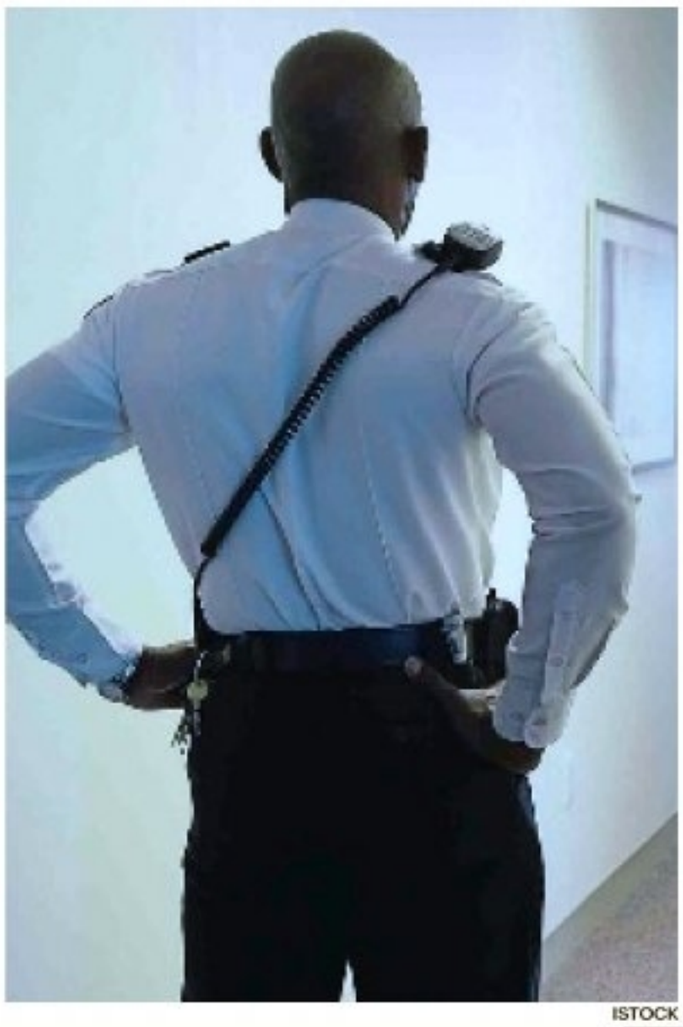
WHY I LIKE MY JOB

Originally the plan was to be a police officer, but that changed once I got into hospitality. I did the Police Foundations program – policing 101 – at college. We learned about community policing, public relations, victim services and did crisis management training. You don't have to go through that program to be a security manager, but there's a benefit because you learn about structural security – like how to monitor doors, etc. It gives you a bit of a head-start. We're also expected to be certified in CPR, first aid and emergency defibrillator as well as be familiar with fire protocol.

At first, I worked for Brinks, the armoured car company, doing logistics. I was naturally drawn to the customer service aspect of hospitality so that's how I ended up in the hotel world. I started at the Shangri La setting up the security system and processes, before moving into my current role.

Day to day, security staff are expected to do patrols, monitor security cameras and respond to hotel staff, guests and residents' emergency requests.

Security is the type of job where you get to interact with every department, every employee. It touches every part of the hotel. Each day, I do something different, and work with different people, which I love.



ISTOCK

THE BASICS: Security Manager

$65,899

Median annual salary for an intermediate-level security manager. Those with advanced training and experience can earn upwards of **$119,000** a year.

+4%

The amount of growth expected in this field over the next eight years.

Data for this feature was provided by nahb.ca, onetonline.org, payscale.com, mcsc.jus.gov.on.ca and guardacademyontario.com

HOW TO START

There are a number of ways to get into the security management field. The Police Foundations programs at colleges like Algonquin or Humber, are common entry points, while some post-secondary institutes, like the University of Calgary or Mohawk College, offer diplomas and certificates specific to security management. Private institutes also offer security guard training. Students can expect to get an introduction to security theory, as well as an overview of the Canadian legal system, health and safety regulations, and use of force regulations. They also receive hands on use-of-force and communication training.

Each province regulates security guards differently, but all require a basic training course offered by private institutions, accredited colleges or accredited online programs, and require applicants to be 18 years old with a clean criminal record. They must also pass a written test in order to be licensed.

WHERE YOU CAN GO

There are opportunities across the country in security management. Private security firms, like Brinks or Garda Security operate in most major cities, while corporations, condos, hotels, malls, hospitals and other institutions often employ their own security details.

WALL STREET

Is statue art or marketing?

Should the Fearless Girl stand up to Wall Street's charging bull forever?

That's the question New York City officials are facing after a statue of a ponytailed girl in a windblown dress went up in front of the bronze bull early this month and immediately became a tourist draw and Internet sensation.

What was intended as a temporary display to encourage corporations to put more women on their boards is now getting a second look in light of its popularity, which has spawned an online petition seeking to keep it.

But does keeping the girl past her scheduled April 2 deadline forever alter the meaning of the bull? After all, the 11-foot-tall, 7,100-pound bull has been hugely popular in its own right; it was placed in a lower Manhattan traffic median in the wake of the 1987 stock market crash as a symbol of Americans' financial resilience and can-do spirit.

Some fans of the bronze girl already see the bull much differently. "The bull represents men and power," says Cristina Pogorevici, 18, a student from Bucharest, Romania, who visited the statues this past week. "So she is a message of women's power and things that are changing in the world right now."

Pressure is mounting on New York City to let the Fearless Girl statue stay. THE ASSOCIATED PRESS

Holli Sargeant, 20, a visitor from Australia, says the four-foot-tall, 250-pound bronze girl "is standing up against something and we see her as powerful image. She represents all the young women in the world that want to make a difference."

Such shifting perceptions of the bull – from American hero to villain of sorts – outrage bull sculptor Arturo De Modica, who wants the girl gone.

He dismissed Kristen Visbal's statue as nothing more than "an advertising trick," noting the bronze was a marketing effort on the eve of the March 8 International Women's Day by Boston-based State Street Global Advisors and its New York advertising firm, McCann.

As for his bull, "I put it there for art," the Italian-born sculptor told MarketWatch, which first reported his anger. "My bull is a symbol for America. My bull is a symbol of prosperity and for strength."

Visbal, the artist behind the girl statue, said she could not comment without the permission of State Street Global Advisors, whose spokesman did not return phone calls.

A spokesman for New York City, which controls public art in the area, did not say when a decision would be made. Mayor Bill de Blasio has said only that he would try to prolong the girl's presence, but has not yet said whether she could stay permanently.

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LA CITÉ

metro SPORTS

Valerie Grenier won the Canadian women's giant slalom title on Sunday on her hometown hill in Mont Tremblant, Que.

Maye shoehorns Tar Heels into Final Four

MARCH MADNESS

North Carolina sends Kentucky home on late jump shot

The North Carolina Tar Heels now are a win away from getting back to a national championship game they narrowly lost a year ago.

And this time, they made the last shot.

Luke Maye hit a jumper with 0.3 seconds left and top-seeded North Carolina held off Kentucky 75-73 to earn the Tar Heels' second straight trip to the Final Four and 20th all-time in Sunday's showdown of college basketball's elite in the South Regional.

The Tar Heels (31-7) will play Midwest champ Oregon on Saturday in Glendale, Ariz., in the national semifinal.

"We get to keep playing," North Carolina coach Roy Williams said.

North Carolina took control with 12 straight points over the final five minutes, a run similar to what it used a week ago to beat Arkansas. The Tar Heels finished this game with a 16-9 run. Kentucky's freshmen De'Aaron Fox and Malik Monk hit three quick threes, the last two by Monk. Monk's second shot with 7.2 seconds left and defenders in his face tied it up at 73.

Theo Pinson brought the ball down and passed back to Maye. The sophomore knocked it down for the win with his feet on the three-point line.

"I'm the guy that wanted him to come as a walk-on, so how dumb am I?" Williams said. "He (made) some big-time plays today, big-time plays two days ago."

Maye finished with 17 points off the bench for North Carolina. Justin Jackson scored 19 points, and Joel Berry II added 11.

SUNDAY In Memphis

75	73
UNC	KENTUCKY

The Wildcats had one last chance, but Derek Willis's inbounds pass went out of bounds on the far end.

Kentucky (32-6) will miss out on the Final Four for the second straight year.

The Wildcats had hoped their talented freshmen would carry them. Bam Adebayo and Fox each had 13 points, and Monk, the Southeastern Conference player of the year, finished with 12.

Earlier Sunday in New York, South Carolina earned its first trip to the Final Four with a 77-70 victory over Florida.

South Carolina will face Gonzaga on Saturday.

THE ASSOCIATED PRESS

Luke Maye's basket with 0.3 seconds remaining proved to be the winner in North Carolina's victory over Kentucky on Sunday. ANDY LYONS/GETTY IMAGES

CURLING

Homan rink makes it a clean sweep

Canada's Rachel Homan knew there would be pressure heading into the final of the 2017 world women's curling championship.

Not only was Homan trying to erase past personal disappointments in her third appearance at the championship, but her Ottawa rink was being counted on to erase Canada's lengthy title drought. The fact that Homan advanced to the final in Beijing without dropping a match only heightened expectations.

13

Canada won all 13 of its matches.

Homan and her teammates — vice-skip Emma Miskew, second Joanne Courtney and lead Lisa Weagle — responded with a textbook 8-3 win over Russia's Anna Sidorova in Sunday's final, giving Canada its first women's world championship in nine years and adding more steam to Homan's momentum heading into this year's Olympic trials.

Scotland's Eve Muirhead captured the bronze medal, beating Sweden 6-4 earlier Sunday.

After an open first end, Canada put the pressure on Russia with two points in the second end and a steal of one in the third before cruising to a comfortable victory.

"We've lost that one and its tough, and we wanted to make sure we were doing exactly what we were doing all week, because we knew that would lead us to the win," Homan said.

THE CANADIAN PRESS

NHL

Lowry goal lifts Jets over Canucks

Michael Hutchinson made 28 saves and Adam Lowry scored a third-period power-play goal to lift the Winnipeg Jets to a 2-1 win over the Vancouver Canucks Sunday night.

Lowry scored the eventual winner with 8:13 to go in the third period to keep the Jets still mathematically in playoff contention, albeit hanging by a string.

Mathieu Perreault also scored for Winnipeg (34-35-7).

Alexander Edler had the only goal for Vancouver (30-36-9), while Ryan Miller made 30 saves.

SUNDAY In Winnipeg

2	1
JETS	CANUCKS

The Canucks were unable to win for the third time in four games and moved to 13-16-1 in back-to-backs this season after winning 4-2 Saturday night in Minnesota. THE CANADIAN PRESS

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HEADLINE
COFFEE

The Royal Treatment

All hail, the Queen of Coffee

By: Sean Deasy

Coffee Fermentation In Nicaragua

From the northern reaches of Nicaragua in the mountainous region of San Juan del Rio Coco, Madriz, comes a coffee with a majestic taste and an equally royal handle. It's called Reyna del Cafe, or "Queen of Coffee" in English.

And, for roaster Eric Shabsove from Mountain View Coffee in Toronto, it has an undeniably regal presence.

"Reyna del Cafe has an exciting caramel-y, buttery smell to it," says Shabsove, who has curated the entire Headline Coffee collection. "As for taste, it has such a clean, citrus acidity with subtle butterscotch notes, and a silky smooth body. But, above all, I believe the acidity is actually perfect on this one."

As always, getting such a flavourful bean is all about location, location, location. Shabsove counts the densely tropical forests of northern Nicaragua, where the Reyna del Cafe co-op is situated, among his favorite coffee-growing regions. "The reason I like this area is quite simple: it's got a very unique microclimate up there."

It's effectively an area that's tailor-made for growing coffee. The most impactful characteristics of that microclimate are its rich volcanic soil and getting just the right amount of rain during the summer [hint: lots]. The high elevations and cool, dry weather in the autumn allow for the shade-grown beans to mature slowly, which in turn creates a complex flavour profile unlike any other in Nicaragua.

The timing of Reyna del Cafe's introduction to Headline Coffee members is no coincidence. In fact it couldn't be better: The beans, harvested between December and February, are released right about now.

The proud growers

The Reyna del Cafe co-op is comprised of 128 members – both men and women – the majority of whom are small producers, working 3.5-hectare farms at most. Through the use of Fairtrade and Organic premiums Reyna del Cafe is able to provide workshops for their members, improve their milling services, and tap into new international markets. The co-op also has a robust sense of environmental stewardship; Madriz and the surrounding departments are recognized for having high bio-diversity and protected forests.

"Most of the farmers within the co-op are small scale producers, so these are very, very small farms. In fact there's no real large producers," says Shabsove. "These are farmers who take a great deal of pride in growing their crops, and a lot of care goes into what they're doing every single day."

Shabsove says the co-op's connection with Fairtrade has enabled the farmers to vastly improve their operations. "That means developing sustainable practices, and discovering how to grow coffee better, working within their environment, helping them finance projects," he says. "Fairtrade is extremely important to co-ops in countries like Nicaragua, and even more so, as they are predominantly small farmers. Any form of assistance is greatly appreciated by them."

Nicaragua: Sky's the limit

Nicaragua is now considered an emerging coffee-producing nation. It's already earned and attained a level of respect as a country that's becoming increasingly better at growing coffees. Not long ago the up-and-coming countries were the likes of Costa Rica and Honduras. "Now Nicaragua is really dedicating a lot of their time and effort to growing great coffee."

If there was a time when sampling Nicaraguan coffee didn't exactly elicit great excitement among the expert tasters, Shabsove says that's now a distant [and fading] memory. The emergence of quality beans like those from the little Reyna Del Cafe co-op is a perfectly tasteful example. "Nicaraguan was never quite as good as the Costa Ricans, the Guatemalans. But now it's a totally different story.

"What makes me excited about Nicaraguan is that year after year it gets better and better, and every time I drink more and more," says Shabsove. "So each year I'm excited to try the new crop to see how much better it gets."

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Canuck's F1 debut no Stroll in the park

MOTORSPORT

Teen failed to finish Down Under, Ferrari's Vettel takes win

Lance Stroll almost got to experience the full package on his first weekend in Formula One, hitting speeds exceeding 320 km/h, clipping a wall, being handed a grid penalty and skidding through the gravel. All that was missing was the finish.

The 18-year-old Canadian didn't make it to the finish in his debut for Williams at the season-opening Australian Grand Prix, retiring after an eventful 40 laps around the Albert Park circuit.

"We were running a decent race and the pace was pretty good," Stroll said. "I had a good start, which was risky although I didn't plan on it being quite so risky! Some guys braked quite early in front of me and I managed to gain some places.

"Then we managed to have a surprisingly good race. It was my first race, and first weekend, so there are a few positives to take out of it."

Stroll graduated from development driver to a seat in F1 this season for Williams, which lost Valtteri Bottas to Mercedes.

The son of billionaire investor Lawrence Stroll is mentored by former Ferrari sporting director Luca Baldisserri and won the Formula 3 European championship in 2016.

His first taste of the top level was one he put down to experience, having started at the back of the grid after getting a penalty for needing an unscheduled gearbox change following his crash in practice on Saturday.

"Unfortunately, that incident yesterday cost us a lot of positions in qualifying," said Stroll, whose top speed was among the fastest in the race, "but today I enjoyed myself and so a big thank you to the team."

For now, we're just over the moon.

Sebastian Vettel, below, who gave Ferrari its first F1 Grand Prix win since Vettel's Singapore win in Sept. 2015

Canadian teen Lance Stroll failed to finish his first Formula One race in Melbourne on Sunday. ROBERT CIANFLONE/GETTY IMAGES

His Williams teammate, 35-year-old Brazilian veteran Felipe Massa, finished sixth to earn some points from the opening weekend.

Meanwhile, Sebastian Vettel broke Ferrari's Formula One drought with a victory over Mercedes pair Lewis Hamilton and Valtteri Bottas in the season opener.

Ferrari hadn't won an F1 GP since Vettel's victory in Singapore in 2015, while Mercedes dominated in 2016.

"It's a long, long way ahead. For now, we're just over the moon," four-time world champion Vettel said. "It's been a hard winter, and an incredible race today. We're here, we're here to fight."

With new regulations designed to make the cars faster this season, Vettel proved Ferrari's extra pace in preseason testing was genuine. THE ASSOCIATED PRESS

GOLF

Johnson caps sweep of WGC tourneys

Dustin Johnson won the Dell Technologies Match Play with more drama than he needed to cap off an otherwise dominant week that made him the first player to sweep the four World Golf Championships.

The scorecard will show Johnson never trailed in any of his seven matches over 112 holes, ending with a 1-up victory over Jon Rahm for his third straight victory that left no doubt who was No. 1 in the world.

"That was a tough day, a long day," Johnson said. "I'm proud of the way I played, the way I hung in there."

Johnson previously won the Mexico Championship earlier this month (and Cadillac Championship at Doral in 2015), the HSBC Champions in Shanghai in 2013 and the Bridgestone Invitational last summer at Firestone.

That gives him five World Golf Championships, well short of the 18 that Tiger Woods won. THE ASSOCIATED PRESS

Dustin Johnson reacts after winning the Dell Technologies Match Play on Sunday. DARREN CARROLL/GETTY IMAGES

IN BRIEF

Dream return for Defoe as England beat Lithuania

Jermain Defoe made a scoring return after more than three years out of the England team as the Group F leaders eased to a 2-0 victory over Lithuania in World Cup qualifying on Sunday.

The Sunderland striker, 34, swept in his 20th England goal on his 56th appearance from Raheem Sterling's pass. Jamie Vardy netted England's second in the 66th minute. THE ASSOCIATED PRESS

Rockets blast past Thunder

Lou Williams scored 31 points off the bench, James Harden finished with 22 points and 12 assists, and the Houston Rockets never trailed while cruising to a 137-125 victory over the Oklahoma City Thunder on Sunday.

Russell Westbrook had 39 points, 11 rebounds and 13 assists for his 36th this season, but Harden led the Rockets to a 25-point lead through three quarters in the matchup between top MVP candidates. THE CANADIAN PRESS

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PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

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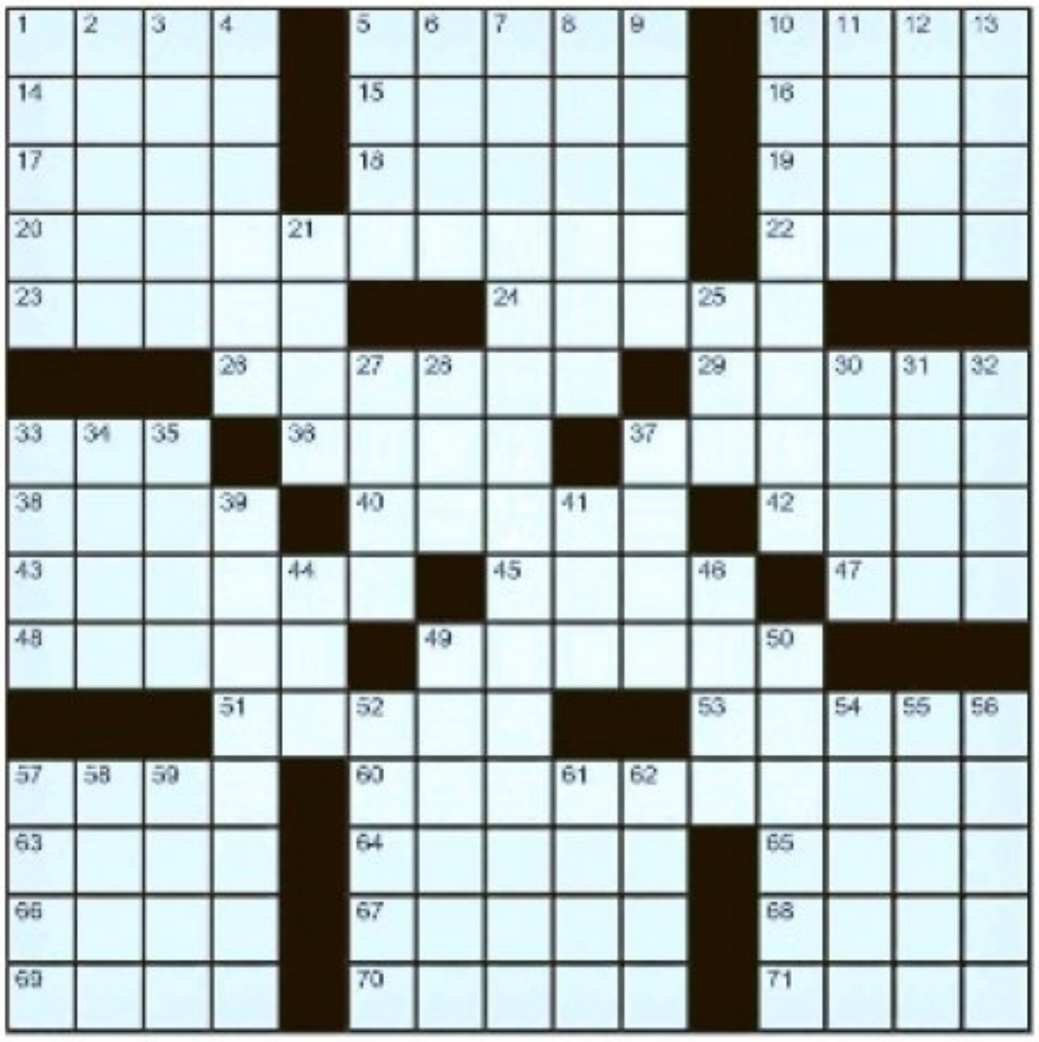
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Hockey movie, "_ Shot" (1977)
5. Carbonated drinks
10. Character for Elizabeth McGovern on "Downton Abbey"
14. Musician Mr. Puente
15. "_ _ have it!" (Bidder's exclamation)
16. Word in a Grimm opener
17. It means 'Soil'
18. _-_ knife
19. Mr. Trotsky
20. 2017, Year of _ _
22. Go Detail link
23. War horse
24. 50 Cent album: 'Get Rich or Die _"
26. Big name in sunglasses
29. Sir Paul McCartney's nickname
33. 'My' in Quebec, plurally
36. Dog's disdained delivery!
37. As per #7-Down, Red Green's nerdy nephew
38. Air kiss sound effect!
40. Canuck flappers
42. "_ and _" by Lady Gaga
43. Pull the vampire's teeth
45. _ in the road
47. Sanction
48. "Me, Myself & _" (2000)
49. The _ = Bilbo Baggins
51. Balk/hesitate
53. Engage in henpecking: 2 wds.
57. Count on
60. Toronto-born portrayer of the title character of "The Red Green Show": 2 wds.
63. Studied-for undertaking
64. Lake Erie community in Ontario, Port _
65. No word of _ _ (True)
66. Cotton variety
67. Make hair stand _ _
68. Thailand neighbour
69. Eminem tune
70. Opera _ (Opera style that's serious)
71. Anglo-Saxon toiler

DOWN
1. RBIs, e.g.
2. Illuminator
3. "If _ _ Falls" by Bruce Cockburn
4. Less loaded
5. TV news hour, _ _'clock pm
6. Grannies, in Germany
7. 2002 Red Green movie comedy starring #60-Across: 3 wds.
8. Sailor's 'backward'
9. "Love _" (1970)
10. "MasterChef Canada" = _ competition show
11. Candid
12. Origin
13. Cornerstone word
21. Singer/actress Aubrey
25. "_ _ Believer" by The Monkees
27. Safecracker
28. Quebec 'wheat'
30. Not ruffled
31. Sleuth's lead
32. Mine entrance
33. Caesar's 2501
34. Washstand vessel
35. Home free
37. Dill or mint
39. As per #60-Across... Red Green's gig
41. Shed many tears
44. Born, in a wedding announcement
46. Families
49. 'Snappy' words in football...
50. Steamed-in-corn-husks dish
52. Early platform for PCs
54. Monster lizards
55. 'Tempt' suffix
56. Foo Fighters tune: "Times Like _"
57. VP Mike Pence, et al.
58. Leave
59. The Dalai _
61. "_, vidi, vici."
62. Earth goddess in Richard Wagner's opera Das Rheingold

✷ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Because you feel sensitive to others today, you might use your money or something that you own to help someone. (Meanwhile, being kind will make you feel happy!)

Taurus April 21 - May 21
You feel inspired to be the best that you can be today. You also know that being the best means benefiting others as well as yourself.

Gemini May 22 - June 21
You will put the needs of someone else before your own because it makes you feel good. It's just one of those things; you want to take the high road.

Cancer June 22 - July 23
If you are in competition with others today, you won't be too fierce, but you won't be a wimp, either. You want what is best for the greatest number of people.

Leo July 24 - Aug. 23
If you are talking to parents and bosses today, you will show them ways that work out best for everyone. It's quite likely that they will be impressed with your insight.

Virgo Aug. 24 - Sept. 23
You might want to study religion, yoga or meditation today, because you are interested in something "different." You want to expand your experience of life.

Libra Sept. 24 - Oct. 23
You will be reasonable if dealing with an inheritance or if deciding how to share something today. You understand that good business is mutually beneficial.

Scorpio Oct. 24 - Nov. 22
If you can help a partner or close friend today, you will. In fact, you are even willing to compromise with a person who is an enemy or a frenemy. (That's the toughest!)

Sagittarius Nov. 23 - Dec. 21
You will find it rewarding to help someone at work today, and because you extended this person a helping hand, you will feel good about yourself. Life works that way.

Capricorn Dec. 22 - Jan. 20
If you can help children today, you will get great satisfaction in doing so. Playful activities, social outings and sports events will be pleasant.

Aquarius Jan. 21 - Feb. 19
You want to help a family member today, especially because there's been chaos and activity at home. Someone will appreciate your offer to help. Family is gold.

Pisces Feb. 20 - March 20
You can influence others today by setting a great example for them. Your ability to be caring and positive will be noticed by others.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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	4	8	2			5		3

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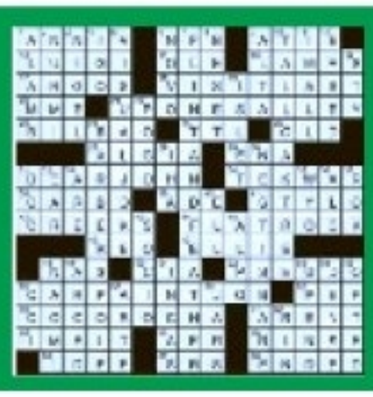

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8	2	4	1	5	3	7	6	9
6	3	5	7	8	9	2	4	1
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